

Meditation Mariah



NOTE: YOGA EARTHY TYPE

Age: **22**

Young Middle Age Old

Size: **5'7"** Gender: **FEMALE**

Energy: **enlightened, calm, serene**

Appearance: **yoga active wear, red wavy hair, fair skin, leather beaded bracelet**

Catch Phrase: **"Find a comfortable seated position. On the count of 3, we will breathe deeply: 1.. 2.... 3.....Breathe in.... breathe out.One more time."**

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Attitude/ History/ Background/Relationships:

She quit her job at Adobe and is doing freelance yoga in the park & online in Salt Lake City, Utah. Totally yoga now. Ethereal personality, believes in other lives and is very spiritual in an earthy way. She is Vegan and only hangs out with Vegan people. She dates an older man, who used to be her yoga/ meditation teacher. They live in a simple apartment near a national park. She has 2 dogs, both named Shmati. She is thankful for her existence on the planet. She wears a pale green tank top with dark purple sweat pants and flip flops. She makes her own bee-wax candles and also makes homemade granola. Her only quirk is that she laughs EXTREMELY loud and startling, considering her calm nature.

Motivation:

She plans to go to Costa Rica on a 6 week retreat in order to take a Master Class on best yoga practices. She also ultimately wants to visit an Ashram in India and take extended yoga study there. Then, she will feel qualified to extend her spirit fully to teach yoga in the most ultimate way- with her own studio. Then after 5 years, she will franchise it, then after 5 more years, she will sell it and cash out. Then, she will be nevus riche, the ironic opposite of her current self.

Vocal Dynamics (Phrasing, Pacing, Musicality):

Pitch:	Low	NORMAL	High	Falsetto
Pace:	SLOW	MODERATE	Fast	Variable
Rhythm:	SMOOTH	Plodding	Staccato	Syncopated
Tone:	Hoarse	MELODIC	MONOTONE	Edgy Nervous
Volume:	SOFT	Normal	Loud	Booming

Source/ Placement (Location of the Voice): **Diaphragm (strong) and Back of Throat (breathy)**

Mouth Work: **None**

Vocal Quirks: **VERY VERY CALM, MEDITATIVCE, ENCOURAGING, MONOTONE BUT FRIENDLY**

Dialect/ Accent: **None**